

## **Hopkinton Flag Football League 2017**

### **Parents Q&A**

**When will the league begin?** The Hopkinton Flag Football League will begin on Sunday September 10 and run through Sunday October 29th.

**When are the practices and games?** All practices and games will take place each Sunday. Exact times are determined by field availability. We expect to have field access in the afternoons and so as an example you might have practice from 4-5 pm and a game from 5-6 pm.

**Will there be contact?** This is a non-contact league. There will be blocking above the waist and occasional incidental contact but there will be no tackling of any kind.

**Location?** All games and practices will be held at the Fruit Street fields.

**Cost?** The cost per player will be \$75. This covers all the equipment, jerseys, refs and field fees etc.

**Will this league be co-ed?** Yes, both boys and girls are welcome and encouraged to play.

**What age groups are there?** We will be limiting the league to 4th-8th graders for this season.

**How many teams will there be?** We expect to have 6-8 teams with 8-10 players per team

**What Equipment do I need to buy?** A mouth guard is required. Cleats or sneakers.

**How do I register?** Online registration is open now and runs until we have enough kids for a minimum of four teams. You can register at [www.hopkintonrec.org](http://www.hopkintonrec.org) under Co-Ed Youth Flag Football.

**Do the kids get NFL Flag Jerseys?** - YES! Register and Submit Jersey Size by August 20 to guarantee shirt for first game 9/10.

**What else do I need to know?** You need to visit [NFLflag.com](http://NFLflag.com) and fill out the [mandatory insurance form](#) before your child can participate in the league