Dear Parents,

Below is the information for Hopkins Ski Program 2022. Please read through this entire document thoroughly. Should you have any questions or concerns please call or email me. Our Hopkins School Ski coordinators this year are Julie Leyshon and Michelle Buonora. Thank you to Julie, Michelle and all of the volunteers who have offered to help run the 2022 Hopkins Ski Club.

The ski program runs for five weeks after school on Mondays: January 3, 10, 24, 31, February 7

Two very Important ACTIONS needed:

- 1. Fill out and sign: Nashoba Valley Ski Mandatory Release Form: If you have not filled out this release form yet your child will not be able to participate on Monday. Please click HERE to complete this form.
- 2. Complete your Child's Dismissal Change:
 Remember to fill out the Dismissal Change Form Here.
- -Choose "ski club" as the type of change
- -Under "Additional Information you need us to know", please indicate your permission to attend all dates (list them please).

This form needs to be completed <u>ON</u> Monday January 4th before 2PM (add it to your calendar if necessary). Hopkins will then expect that your child will attend the ski program for <u>all of the dates - unless otherwise notified</u>.

***If your child will NOT attend on any given day or if you think your child needs a weekly reminder, you WILL need to submit another change form on those days before 2PM. Hopkins tracks all students at dismissal and will be looking for your child if your child does not show up to Ski Club.

SKI/BOARD and BOOT BAG DROP OFF PROCEDURE:

Equipment drop-off must be done during the following times: <u>before 8:35 am or between 9:20 am and 3:00 pm.</u> Items must be dropped off outside of the door labeled B2, which is on the side of the building and closest to the cafeteria (nearest the large storage container in the back corner). Be sure to drop equipment to the right of the door. Do not bring ski equipment into the building.

Please line the equipment up along the wall outside. It is essential that the **sidewalk NOT be blocked,** as this is a fire exit. If we have inclement weather, please wrap your child's boot bags in plastic and label. No exceptions.

BOOT BAGS/BACKPACKS:

Students are allowed to bring boot bags/backpacks on the school buses that meet the school transportation policy for size (*see Policy below). When they arrive at school:

- Students should bring the boot bags/backpacks to the cafeteria between 8:45am- 9:00am
- Place bags in the back corner of the cafeteria along the wall near the emergency exit door and back stage ramp - there will be a staff member there to direct the kids until the tardy bell at 9:00am.
- All equipment must be clearly labeled.

Transportation Policy:

"NO SKIS are allowed on the school buses. If ski boots are to be carried on the school bus then they must be in a ski boot bag that is no larger than 30 X 14 (Bus Conduct Rules for Carry-On Items) so that it can be held in the student's lap with their backpack placed under the seat and with the student's feet still safely out of the aisle of the bus. Equipment/bags cannot be stored at the front of the bus near the driver, in the aisles, or in bus seats, this creates a safety issue."

FORGOTTEN EQUIPMENT:

Once students are in school, parents are only allowed to drop equipment off in the designated area outside door B2. Please see the drop off procedure above for more information. You may not bring kids boot bags or other forgotten items for the ski club into the school's main entrance during school hours. If you need to let your child know that you have left ski equipment, please email the Hopkins office, hoffice@hopkinton.k12.ma.us. Your email will be shared with your child at the end of the school day.

We ask for and appreciate your cooperation with this.

SCHOOL DISMISSAL:

Please discuss these procedures with your child. We have asked their teachers to remind them of this on Monday before they are called to the cafeteria.

- 1. Ski club members will be held in their classrooms until the last school bus has been called.
- 2. If students need to use the bathroom, they should use it prior to dismissal. Once called, they should head directly to the cafeteria.

- 3. Once students have entered the cafeteria, they may not go back into the school for any reason. This is a safety issue. We will have volunteers placed at the entrance of the cafeteria to direct the students.
- 4. When students arrive in the cafeteria they are to find a seat. *They should* not pick up boot bags that are stored in the cafeteria. Once every student is seated we will have a meeting to explain the procedure for loading onto the buses.
- 5. Ski passes will be handed out on the bus before each trip, and collected on the way home. Chaperons will hold the passes for each trip.

ARRIVAL AT NASHOBA MOUNTAIN:

Those who are renting skis or snowboards will go directly to the *Rental Office* where their information will be on file. *Chaperones are not allowed to rent* equipment for the students.

Those students that are not renting will put on their equipment and skis or snowboard until departure time at 7:00 pm.

LESSONS: Lessons run from 5:45-6:45.

Meet directly across from the Ski Rental office (*Ski Lessons* meet right outside the Rental Office; *Snowboard Lessons* meet further down on the right outside the Rental Office).

Please inform your child to arrive at the lesson area as soon as they have gathered their skis from the bus (or rental area). It is the child's responsibility to arrive on time.

Assessment: Before the first full lesson the kids are taken through a quick assessment. Kids are placed in the appropriate group based on their ability. If your child feels he/she needs to move to a more or less advanced lesson, the instructors encourage the kids to speak up and let them know. They will make adjustments at the second lesson.

On week 2 Lessons: if your child was Absent the first week or needs to be placed in a different level lesson, there will be signs for them to go to for re-assessment. Signs will say "Absent" or "Need to be Placed".

Following the lessons, students need to get ready for departure to Hopkins School. Chaperones are available to assist students with their equipment.

MOUNTAIN DEPARTURE: We leave the mountain at 7:15 pm. **HOPKINS ARRIVAL:** We will arrive back to school at approximately 8:00 pm. **Please pick up your child on time.**

PARENT PICK UP PROCEDURE:

We ask all parents to park in the Hopkins School parking lot and walk to meet the ski buses. This is for safety reasons. Do not park on the side of Loop Rd. We do not want students and parents crossing Loop Road in the dark.

Students will bring school backpacks and other school supplies with them on the ski bus. They will no longer leave anything behind in the cafeteria. The doors to the school will be locked.

When the buses arrive, please meet them on the sidewalk and assist them with their gear.

OTHER GOOD INFORMATION:

snack bar: Nashoba has a snack bar where the kids can get something to eat.

bus rules: <u>Masks must be worn at all times while riding the bus.</u> While there are no capacity limits this year, we are asking that no food or drink be consumed on the motorcoaches so that people can keep their masks on for the entire ride.

The bus driver may also have other restrictions that he/she will inform us of.

Allergies: There are several skiers with allergies participating this year. In light of this we are adhering to a **No Nut – No Latex - No Sharing Food Policy**. We ask that you respect their need to stay safe.

Here are some suggested snacks: (this covers peanuts, tree nuts, wheat and eggs)

Quaker Rice Cakes - plain lightly salted Pirates Booty / Tings Glutino Pretzels - (just not the ones with sesame seeds on them) Tostitos Bite Size corn chip

Rice Chex - plain Corn Chex - plain Kix

POSTPONEMENT PROCEDURES:

Should we have weather that will force us to postpone the ski trip, we will notify you and the school by 12:00 pm on that day. The School will make an announcement over the loudspeaker. Hopkins will assume your regular Monday dismissal plan as a default in case of postponement.

We follow the school's cancellations. Ski club is canceled if school is canceled on ski club day.

How do we communicate? Hopkinton Parks and Rec office will notify parents via email blast and social media (see below).

Email Blast- Please check your Parks and Rec account at www.hopkintonrec.org under Email Notifications to be sure your email is correct and choose YES for General Announcements and Cancellations.

Text Blast - If you would like to receive a text blast, please check off that option in your account. We ONLY send text messages to alert you to read any emergency email sent out due to cancellation.

Social Media Options:

Facebook: Like us at Hopkinton Parks and Recreation

Twitter: Follow us at @hopparksrec

NO TOLERANCE POLICY: Please be informed that there is a zero-tolerance policy for misbehavior, disrespect or harassment. Those who are disrespectful to their peers, the bus driver, mountain employees or chaperones will not be allowed to return to the program.

Wishing everyone Happy Holidays and a Happy New Year.

Let it Snow ~

Colleen Allen Julie Leyshon
Michelle Buonora

508-497-9750 Hopkins Ski Coordinators
Program Coordinator

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