

## **Skyhawks Sports Academy (Massachusetts)**

### **Winter 2021 Protocol and Policies in Response to COVID-19**

*“Our Plan to Ensure a Safe, Fun Year for Skyhawks Participants Across the Country”*



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#### **Level 3 – Isolated Groups with Social Distancing and Modified Curriculum**

Small groups of 25 or less each lead by an instructor with strict restrictions on social distancing. Children will remain 6-feet apart within small groups and will participate in modified activities to ensure social distancing within small groups of 25 or less. All camp groups will be led by a different coach and maintain a distance of at least 20-feet to avoid large gathering sizes. The attached guidelines and policies will be strictly enforced to limit contact and the spread of germs. Equipment and facility contact surfaces will be sanitized after each session by program staff. Program staff are required to wear cloth face coverings at all times.



## Program Policies in Response to COVID-19

### Staffing and Operations

- Skyhawks program staff, participants and any family members must not be or have been sick within the past 14-days. Any staff member or participant who does not comply will not be allowed at programs until the 14-day minimum has been reached.
- Hand sanitizer or hand washing stations will be available in indoor/outdoor facilities for use by players, staff, and coaches.
- Face coverings will be worn by coaches in accordance with MA guidelines to prevent against the transmission of COVID-19 throughout the duration of the day.
- Children will remain with the same group each day.
- Participants must comply with all applicable travel restrictions and any quarantine or testing requirements.

### Social Distancing

- Programs will separate participants into groups of no more than 25, including coaches and staff.
- To ensure group separation, groups will be spaced at least 20 feet apart while sharing a playing surface or field.
- Scrimmages, organized games, and tournaments are allowed in Tennis, Volleyball, Soccer, Golf, and Track.
- Participants must always maintain 6 feet of distance and there should be no contact between players.
- Participants must wear a mask where 6-feet of distance is not possible.
- Indoor facilities must limit capacity to no more than 40% of the building's maximum permitted occupancy.

### Check In/Check Out

- No contact check-in/check-out – Parents will check in their child from 6-feet away verbally acknowledging child's name for attendance purposes stating any special notes regarding allergies, approved pick-up contacts, health concerns, etc. Participant belongings shall be spaced 6-feet apart.
- Skyhawks will screen all staff and children before they are permitted to enter.
- Skyhawks will establish a single point of entry to the program to ensure that no individual is allowed to enter until they successfully pass the screening.
- Skyhawks will verbally screen participants:
  - Today or in the past 24 hours, have you or any household members had any of the following symptoms?
    - Fever (temperature of 100.0°F or above), felt feverish, or had chills?
    - Cough?
    - Sore throat?



- Difficulty breathing?
  - Gastrointestinal symptoms (diarrhea, nausea, vomiting)?
  - Abdominal pain?
  - Unexplained Rash?
  - Fatigue?
  - Headache?
  - New loss of smell/taste?
  - New muscle aches?
  - Any other signs of illness?
- (b) In the past 14 days have you had close contact with anyone diagnosed with a Confirmed or Probable/Suspect case of COVID novel coronavirus (COVID-19)?

- Parents/guardians must maintain 6-foot social distancing requirements during sign-in and sign-out times. They must also avoid congregating in groups and maintain social distancing before, during and after the program.
- Cones/tape will be present to keep parents distanced.
- Contactless check-in procedure and attendance/screening process– Roster packet will include: Program information, attendance sheet with child information and parent contact details, participant notes, staff/immediate family 14-day no-sickness acknowledgment, participant/immediate family 14-day no-sickness acknowledgment (verbally communicated/acknowledged)
- At-Risk Groups – Persons who are older, pregnant, or who have underlying health conditions, including those with compromised immune systems or respiratory conditions like asthma, are at higher risk to develop complications from COVID-19. These individuals should not drop-off/pick-up participants, participate in or instruct programs.

#### **Hygiene Protocols**

- Strict hand washing practices – Children must wash hands for 20 seconds with soap and water or use a hand sanitizer that contains at least 60% alcohol. Skyhawks will provide hand sanitizer as an extra precaution, but we urge parents to provide their child with their own bottle which should not be shared with other participants
- Face touching – Skyhawks staff will remind participants throughout each session not to touch their face, mouth, or eyes. Participants will also be reminded to cover all coughs and sneezes with their elbow crease/forearm.
- Peer and coach interaction – High fives, fist bumps, hugs and other peer-to-peer/coach-to-peer contact not allowed.
- The parent's role – In addition to a water bottle, snacks, and lunch (full-day camps only) and sunscreen, parents should provide hand sanitizer (if available) and must provide a towel which will help in limiting facial touching.
- Allow water fountains to be used as refill stations only, provided that social distancing can be maintained.
- Participant's belonging (lunch boxes, water, bag, etc.) will be placed on cones/tape that are spaced at least 6 feet



apart. During check in, participants will drop their bags off at the respected area. Staff, including participants, will not touch any participants bag during the duration of the program. Bags will be placed off to the side and used only during snack/lunch break and water break.

- Skyhawks will disinfect all equipment throughout the program. For sports where shared equipment is acceptable, during each transition to a new activity equipment will be cleaned. Participants will not be allowed to bring any equipment to the program.

#### **Cleaning and Disinfecting**

- Equipment – All equipment will be sanitized after each program session and during sessions.
- Cleaning and disinfecting supplies consist of *Vallen # 07385209625 in a 2 Liter Pump and Go Sanitizer, Vallen # 11064883 1 Gallon Twin Oxide, Vallen # 11078183 8oz Hand Sanitizer, 3 Ply Masks Vallen # 11076886.*
- Equipment will be disinfected prior to participants arriving and equipment will be kept isolated on the field until the program starts.
- Equipment will be disinfected at the end of the program when participants leave.
- Bathrooms will be disinfected after every use. High touch areas like handles and seats will be cleaned thoroughly. Disinfecting spray will be used and sprayed inside the portable toilets or indoor bathrooms if needed. Skyhawks staff will allow spray to dry in between uses to avoid participants coming in contact with chemicals.

#### **Facility Requirements**

- All program facilities must have access to running water and soap. Facilities must be recently and regularly maintained by on-site maintenance staff to ensure a safe, clean environment for programs.
- Programs will be run outdoors where possible with indoor locations being approved based on strict gathering size limits according to facility size. If a program is indoors, check-in/check-out procedures should happen outside.
- Spectator will be limited for indoor programs. Spectators may be asked to wait outside the facility until an activity is completed. Once athletes have completed their program, they must leave the area if another team is taking the field or using the playing surface to ensure adequate space for distancing.



## Scenario Procedures: Staff or Participant Tests Positive for COVID-19

*\*Scenario procedures may vary depending on local, state and CDC guidelines*

1. If a staff member or participant tests positive for COVID-19 during a program, the program will immediately be cancelled and staff members, participants and partnering organizations will be notified. The local health department will be notified. All registered participants will receive a prorated credit to their customer account.
2. If made known to Skyhawks that a staff member or participant tests positive for COVID-19 within two weeks of completion of a program, staff members, participants and the partnering organization will be notified. The local health department will also be notified.
3. If a Skyhawks staff member tests positive for COVID-19, they will be placed in an inactive status until they are symptom free and 14 days have passed since their last symptom **or** they provide a doctor's note stating a negative test result and a note from the local Board of Health Department.
4. If a Skyhawks staff member reports symptoms of COVID-19 (e.g., fever, cough, shortness of breath), they will be placed in an inactive status until at least 72 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms **and** at least 10 days have passed since symptoms first appeared. Staff will need a note from their doctor's office, as well as the local Board of Health Department before returning.
5. If a participant reports symptom of COVID-19 (e.g., fever, cough, shortness of breath) during camp, they will be quarantined until their parent/guardian arrives and removed from camp for the week receiving a prorated credit. All other listed parents of program participants will be notified same day. The child will not be able to return to a Skyhawks program until at least 72 hours have passed since recovery, which shall be defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms. Participants will need a note from their doctor's office, as well as the local Board of Health Department before returning.

*\*A designated space to isolate symptomatic attendees at camp will be identified at the program and their parent/guardian will be notified immediately.*